2020 Iowa State Fair: Food Department Seminar Schedule
Elwell Family Food Center - Room 4

Thursday, August 13
9:00 a.m.  Cooking in Your Air Fryer -- Diane Ward, Pampered Chef Director
12:30 p.m. United We Steak -- Rochelle Gilman, Iowa Beef Industry Council

Friday, August 14
10:00 a.m. Cooking with Fareway -- Caitlyn Ferrin, Fareway Dietitian
3:00 p.m. Winning Ways for Cinnamon Rolls -- Lana Shope, Pies & Pastries by Lana

Sunday, August 16
11:00 a.m. Mrs. Wages® 1 Step Pickle® Demo -- Anna Noll & Brianna Kuhlers, Mrs. Wages®
Noon Dutch Oven Cooking -- The Wise Family
2:00 p.m. Cooking with Fresh Herbs -- Colette Conkling, Mariposa Herbs

Monday, August 17
10:00 a.m. Food Preservation 101: Introductory course for home food preservation that explores safe home food preservation methods such as canning, dehydrating and freezing -- Jill Weber & Holly VanHeel, Iowa State University Extension and Outreach
1:00 p.m. Using Instant Pressure Pots -- Mary Hanna
3:00 p.m. Iowa State Fair Afternoon Tea -- Bette Dryer, Bette Dryer Cookbooks

Tuesday, August 18
11:00 a.m. Eggs….Not Just for Breakfast -- Nancy Macklin, Iowa Egg Council
1:30 p.m. United We Steak -- Rochelle Gilman, Iowa Beef Industry Council

Wednesday, August 19
10:30 a.m. Farm to Fork Cooking: Iowa Ingredients and the Agricultural Story Behind Them -- Will Fett, Iowa Agriculture Literacy Foundation
3:30 p.m. Cookie & Cupcake Decorating -- Brandy Gosselin & Kristin Moreno, Fareway Bakeries

Thursday, August 20
10:00 a.m. Winning Ways for Cinnamon Rolls -- Lana Shope, Pies & Pastries by Lana
2:30 p.m. Cake Decorating Basics -- Brandy Gosselin & Kristin Moreno, Fareway Bakeries

Friday, August 21
10:00 a.m. Cookie & Cupcake Decorating -- Brady Gosselin & Kristin Moreno, Fareway Bakeries
Noon Farm to Fork Cooking: Iowa Ingredients and the Agricultural Story Behind Them -- Will Fett, Iowa Agriculture Literacy Foundation
2:00 p.m. Cooking with Maple Syrup -- Alicia Potter, Great River Maple

Saturday, August 22
10:00 a.m. Preparing Family Meals Together -- Mary Hanna
3:30 p.m. Fair by the Numbers: How to Enter the Food Department -- Pat Berry

Sunday, August 23
11:00 a.m. Food Insecurity in Iowa -- Michelle Book, Food Bank of Iowa
2:00 p.m. Pie Passion -- Dianna Zaiger Sheehy, Pies by Dianna